

Minutes of the Health Club Committee Meeting Monday 1st July 2024

Nick Bunn	Chair
Jasmine Amaria	
Janine Railton	
Laura Martin	
Fiona Sargeant	
Victoria Stephens,	
Colin Hector	Board Director/ Liaison for Health Club
Marc Newey	Chief Executive
Simon Baker	General Manager
Stuart Reeks	Health Club Manager
Ana Leal	Family Activities Manager
Ricky Alexis	Gym and Studios Manager
Lucy Carter	Deputy Gym and Studios Manager

Minutes from the previous meeting on Monday 15th April were approved.

Welcome to Colin Hector – New Board Liaison Director for Health Club Committee

Staff Updates:

- New Lifeguards Anna and Giscar – fully staffed with full timers
- Still looking for weekend support
- Gary new to the gym. Focus on Bio Mechanics and Osteopathy– looking at potential links to PSM
- Sarah to return Saturday 3rd August. 1 weekend x per month
- Sophia settling in well hitting 34 hours of PT for the month of June.
- Roy currently doing TPI Golf qualification to create more of a link between Golf and Fitness
- Lucy, Ricky and Joe training in August for 1 week (CMAE Sports and Recreation)
- Donovan continuing his strength and conditioning qualification
- Bulent, Boris and Jason stepping up and taking more on to help the H/C team
- Leon finished University – has returned to Full Time Team Leader role

General update:

- Managing bather loads on busier days as per Risk Assessment – outdoor pool especially
- Making sure the environment is clean, tidy and full staffed
- Big thank you to the Housekeeping team for all their hard work
- Gym getting a bit quieter – PT staying up at the moment. We are expecting this to fall slightly in the summer
- Gary and Sophia very pro active with looking for clients, inductions and programmes

Studio Stats and GEX update:

- Can we keep the stats as numbers rather than percentages **LC**
- Squash court classes not going as well as we had hoped
- Can we look at Pilates users – heavy users, cancellations and no shows **LC**
- To look at some potential off peak classes? Or coming up with a system that create more members attending squash court classes **LC**
- Look at making the Spin Studio more multi use? **SR / LC**
- Spin bike trials – Stages bike had all positive feedback. Current bike we have in the studio (Life Fitness) not such great feedback.
- To look at options for different variety of classes – Digital/RPM. Relaunch Spin after Summer Timetable. Idea for weekend launch **LC**

Health Club Sumer Party:

- Thursday 5th September 7-11pm
- £10pp Includes 1 drink and DJ
- Food can be purchased pay as you go – BBQ
- To look at marketing/advertising (Recorder, Posters etc) **SR**

Outdoor Equipment/ Facilities:

- Planning permission needed for the Outdoor Gym Equipment – awaiting next steps
- Stuart met with the surfacing company regarding flooring for outdoor container
- Planning permission would also be needed for the grass courts (25-28) behind the outdoor pool for any extension of the outdoor pool area
- Originally looking at 5 Padel courts/6 Pickle courts somewhere in the Club
- Members wanting very different things (Tennis, Family Playground for 8-12years.
- Looking at creating a working group to discuss wants and needs and options for the space with a representative from Health Club

Technogym and Gym layout

- Technogym Service Team have got a lot better recently
- Looking at changing the layout of the gym. Ricky has created a floor plan of changes – Late July/Early August for final changes
- Send to committee for approval **SR**

Health Club Events/ Update from Ana

- Nuclear race – Potential travel issues for future events? Will try again next year to see what the uptake is like
- Roehampton Club vs Hurlingham Swimming Gala
- Open water swim – Thursday 5th September
- Adult Fun Swim Session – Fun swim and BBQ
- Swimming lesson – New payment option available to do online with an early bird discount as well
- Drowning prevention week for the Swimming Lessons – went really well
- Also offered addition drowning prevention sessions for those not in scheme
- Camps can also be booked and paid for online
- May Half Term camps nearly all full. Teen camps a lot more successful – will continue for summer months
- Parent and Baby yoga trail – great feedback. Going to look at continuing in September during term time
- Sunday 25th 2pm ‘Back to School Event’ 7pm Party

Date of next meeting Monday 7th October 2024