

Minutes of the Health Club Committee Meeting Monday 22nd January 2024

Nick Bunn	Chair
Jasmine Amaria	
Victoria Stephens	
Janine Railton	
Fiona Sargeant	
Andrew Walker	Board Director
Graham Huntingford	Board Director / Health Club Liaison
Marc Newey	Chief Executive
Simon Baker	General Manager
Stuart Reeks	Health Club Manager
Ana Leal	Family Activities Manager
Ricky Alexis	Gym & Studios Manager
Lucy Carter	Deputy Gym & Studios Manager

Apologies

Laura Martin

Minutes from the previous meeting on 25th September.

Staff Updates:

- Ana has returned into a slightly different role. Family Activities Manager – Primarily focusing on family activities/events & the Swim Programme
- Adam – Personal Trainer is moving to the US. Second stages of interviews currently happening. Hopefully to start end of February.
- Lifeguards – We have some contracts coming to an end due to travelling and relocating. Again, interviews and new starters as soon as possible

House Committee – What can be done to improve eating & drinking side of the club.

- Looking into events to drive the above. More Health Club events – **AL to look at this.**
- Categories in the Health Club: Gym Goers, Children/Swim Lessons & Older people. Snacks work for certain groups but not others.
- ‘Boring options’ need to replicate the salad bar offering at the Main Club at the Juice Bar.
DD/LW
- Coffee – Self-service coffee machine in the juice bar to help with traffic.
- Speed of service and cleanliness of the surrounding area to be looked at – Potential staff retraining. **SB & DD**
- Pizza’s are fantastic – Can we do anymore with these?
- Presentation of the area – Comfort over anything, more sofas?
- Would like to be considered for in house events such as Christmas parties – looking at set menus etc.

Hydro:

- More emails from 8am swimmers regarding Hydro affecting the 8am-9am outdoor swimming pool.
- 7.45am Hydro Spin on Thursdays to be kept indoors for the foreseeable future.
- Now only 2 classes that run at 8am outdoors – Wednesday & Sunday
- Meeting to be held with members of both parties to discuss **NB/SR/SB/MN**

Outdoor training set up:

- **SR/SB** to look at the finalisation of this.
- Link with **AL** for potential for Family Events/Activities
- **LC/RA** to look at timetable changes and potential for opening times around Bridge

Spin Bike Replacement:

- Have owned the spin bikes for 7 years now.
- Stuart has looked at 4 different options/companies for new bikes
- LC & SR to attend class locally to try Keiser bikes
- Will look at leasing this time around rather than purchasing

Junior Gym Inductions

- Currently run as a 3 tier system. Red – Cardio & Resistance machine. Orange – Red & Dumbbells. Green – Red, Orange & Barbells. If a junior comes in with a parent they don't need to have had an induction
- Looking to implement that every junior needs Tier 1 Induction – Can make this banded **SR/RA to implement with Health Club, Reception and Gym Team**
- Weekend times need to be stuck to – Can't be allowed entry based on busy/unbusy times between 10-12 on a Saturday. **SR/RA to implement with Health Club, Reception and Gym Team**

Reformer Pilates

- Currently charging £20 for inductions and £30 for classes
- Looking at getting another two beds taking the total to five beds.
- Cost of lessons to be reduced to £20. **SR/SB to look at dates for change of price & how to accommodate those who already have bulk bought sessions**
- Increase number of beds to 5. **SR/SB**

Summer Party

- Committee looking to organise a Summer Party for Health Club Users.
- Dates need to work around Tennis Event. Either 21st June/5th July
- Victoria & Fiona to look at details.

A.O.B. Feedback from Janine – Desire for more Aerobic/Dance based classes.

Meeting finished at 9pm

Next Meeting: Monday 15th April 2024