

INDOOR POOL - Non Term Time Monday 16th December to Sunday 5th January

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm	
MON	Lane 1	Adults Only			Lane Swim			Adults Only	Lane Swim							Adults Only	
	Lane 2	Adults Only			Lane Swim			Adults Only	Lane Swim							Adults Only	
	Lane 3	Adults Only			General Swim		Aqua 10.50am (1)	Adults Only	General Swim							Adults Only	
	Lane 4	Adults Only			General Swim			Adults Only	General Swim							Adults Only	
TUES	Lane 1	Adults Only			Lane Swim			Adults Only	Lane Swim							Adults Only	
	Lane 2	Adults Only			Lane Swim			Adults Only	Lane Swim							Adults Only	
	Lane 3	Adults Only			Aqua 9.45am (2)		General Swim		Adults Only	General Swim							Adults Only
	Lane 4	Adults Only			General Swim			Adults Only	General Swim							Adults Only	
WED	Lane 1	Adults Only			Lane Swim			Adults Only	Lane Swim		Float Session		Lane Swim		Adults Only		
	Lane 2	Adults Only			Lane Swim			Adults Only	Lane Swim		Lane Swim		Adults Only				
	Lane 3	Adults Only			General Swim		Aqua - 10.30am (3)	General Swim	Adults Only	General Swim		General Swim		Adults Only			
	Lane 4	Adults Only			General Swim			Adults Only	General Swim							Adults Only	
THUR	Lane 1	Adults Only			Lane Swim			Adults Only	Lane Swim							Adults Only	
	Lane 2	Adults Only			Lane Swim			Adults Only	Lane Swim							Adults Only	
	Lane 3	Adults Only			General Swim		Aqua 11am (4)	Adults Only	Hydro Spin 1pm - 1.50am (8)	General Swim							Adults Only
	Lane 4	Adults Only			General Swim			Adults Only	General Swim							Adults Only	
FRI	Lane 1	Adults Only			Lane Swim			Adults Only	Lane Swim							Adults Only	
	Lane 2	Adults Only			Lane Swim			Adults Only	Lane Swim							Adults Only	
	Lane 3	Adults Only			Aqua 9am (5)		General Swim		Adults Only	General Swim							Adults Only
	Lane 4	Adults Only			General Swim			Adults Only	General Swim							Adults Only	
SAT	Lane 1	Adults Only			Lane Swim			Adults Only	Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim		Adults Only			
	Lane 2	Adults Only			Lane Swim			Adults Only	Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim		Adults Only			
	Lane 3	Adults Only			Aqua 8.45am (6)		General Swim		Closed Set Up	Inflatable Session ***	Closed Take Down	General Swim		Adults Only			
	Lane 4	Adults Only			General Swim			Adults Only	Closed Set Up	Inflatable Session ***	Closed Take Down	General Swim		Adults Only			
SUN	Lane 1	Adults Only			Lane Swim			Adults Only	Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim		Adults Only			
	Lane 2	Adults Only			Lane Swim			Adults Only	Closed Set Up	Inflatable Session ***	Closed Take Down	Lane Swim		Adults Only			
	Lane 3	Adults Only			Hydro Spin 8.10am - 8.50am (8)		General Swim		Closed Set Up	Inflatable Session ***	Closed Take Down	General Swim		Adults Only			
	Lane 4	Adults Only			General Swim			Adults Only	Closed Set Up	Inflatable Session ***	Closed Take Down	General Swim		Adults Only			

*** Inflatable Session - Indoor Pool is closed for set up / take down from 1pm to 1.30pm & 2.30pm to 3pm

Aqua Classes:

- (1) Monday 16th December
- (2) Tuesday 17th December
- (3) Wednesday 18th December & Wednesday 1st January

- (4) Thursday 19th December & Thursday 2nd January
- (5) Friday 20th December, Friday 27th December & Friday 3rd January
- (6) Saturday 21st December, Saturday 28th December & Saturday 4th January

Hydro Spin Classes:

- (7) Thursday 19th December
- (8) Sunday 15th December

Outdoor Pool - Non Term Time Friday 3rd January to Sunday 5th January

		6-7am	7-8am	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	
MON	Lane 1	Closed													
	Lane 2	Closed													
	Lane 3	Closed													
	Lane 4	Closed													
TUES	Lane 1	Closed													
	Lane 2	Closed													
	Lane 3	Closed													
	Lane 4	Closed													
WED	Lane 1	Closed													
	Lane 2	Closed													
	Lane 3	Closed													
	Lane 4	Closed													
THUR	Lane 1	Closed													
	Lane 2	Closed													
	Lane 3	Closed													
	Lane 4	Closed													
FRI	Lane 1	Adults Only			Lane Swim			Lane Swim *		Closed					
	Lane 2	Adults Only			Lane Swim			Lane Swim *		Closed					
	Lane 3	Adults Only			General Swim		Hydro Circuit 11am**	General Swim		Closed					
	Lane 4	Adults Only			General Swim			General Swim		Closed					
SAT	Lane 1	Adults Only			Lane Swim*			Lane Swim*		Closed					
	Lane 2	Adults Only			Lane Swim*			Lane Swim*		Closed					
	Lane 3	Adults Only			General Swim			General Swim		Closed					
	Lane 4	Adults Only			General Swim			General Swim		Closed					
SUN	Lane 1	Adults Only			Lane Swim*			Lane Swim*		Closed					
	Lane 2	Adults Only			Lane Swim*			Lane Swim*		Closed					
	Lane 3	Adults Only			H.S. - 8.10am		General Swim		General Swim		Closed				
	Lane 4	Adults Only			General Swim			General Swim		Closed					

* Lane Swim - In case of overcrowding this lane swim will turn into General swim

** Hydro Spin - In case of overcrowding this class will be in the Indoor Pool