INDOOR POOL - Non Term Time Monday 16th December to Sunday 5th January																
		6-7am 7-8	Bam	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
MON	Lane 1		Adults Only			Lane Swim		Adults Only			Lane S					Adults Only
	Lane 2	Adults Only			Lane Swim			Adults Only	Lane Swim							Adults Only
	Lane 3	Adults Only			General Swim Aqua 10.50am (1)			4.1.11.0.1	0						A 1 11 0 1	
	Lane 4				General Swim Aqua 10.50am (1)		Adults Only	dults Only General Swim							Adults Only	
		6-7am 7-8	Bam	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
TUES	Lane 1	Ţ.Ţ	Adults Only		0 200	Lane Swim		Adults Only	р		Lane S					Adults Only
	Lane 2	Adults Only				Lane Swim		Adults Only	Lane Swim							Adults Only
	Lane 3	Adults Only			THE RESERVE TO THE RE											
	Lane 4			Aqua	9.45am (2)	General Swim	Adults Only	General Swim							Adults Only	
				0.0	0.10	40.44	1112	42.4	12	22		45		6.7	7.0	
	Lane 1	6-7am 7-8	Ram Adults Only	8-9am	9-10am	10-11am Lane Swim	11am-12pm	12-1pm Adults Only	1-2pm	2-3pm Lane Swim	3-4pm	4-5pm	5-6pm	6-7pm Lane Swim	7-8pm	8-9pm Adults Only
WED	Lane 2	Adults Only		Lane Swim			Adults Only		Lane Swim						Adults Only	
	Lane 3	Adults Only		General Swim Agua - 10.30am (3) General Swim		Adults Only	General Swim			Float Session		General Swim		Adults Only		
	Lane 4		Addits Office		General St	Aqua - 10	Joann (5) General Swillin	Addits Only		General Swiiii				General Swiiii		Addits Only
		6-7am 7-8	Bam	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm
THUR	Lane 1		Adults Only			Lane Swim		Adults Only			Lane S					Adults Only
	Lane 2	Adults Only			Lane Swim			Adults Only	Lane Swim							Adults Only
	Lane 3	Adults Only			General Swim Aqua 11am (4)			Adults Only	Hydro Spin 1pm - 1.50am (8)  General Swim							Adults Only
				0.0	0.10	40.44	41 42	42.4	, ,	2.2	3.4	4.5		63	7.0	22
	Lane 1	6-7am 7-8	Sam Adults Only	8-9am	9-10am	10-11am Lane Swim	11am-12pm	12-1pm Adults Only	1-2pm	2-3pm	3-4pm Lane Sv	4-5pm	5-6pm	6-7pm	7-8pm	8-9pm Adults Only
Œ	Lane 2	Adults Only		Lane Swim			Adults Only	Lane Swim							Adults Only	
	Lane 3	Adults Only		Aqua 9am (5) General Swim												
	Lane 4						Adults Only	dults Only General Swim							Adults Only	
				0.0	0.10	40.44	11 12	42.4	12	2.2	2.4	4.5		63		
	Lane 1	6-7am 7-8	Sam Adults	8-9am Only	9-10am	10-11am Lane	11am-12pm Swim	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm Lane S	5-6pm Swim	6-7pm	7-8pm Adults Only	
SAT	Lane 2	Adults Only			Lane Swim Lane Swim				Closed Take						Adults Only	
	Lane 3	Adults Only Aqua 8.45an							In Initiable Session ***					Adults Only		
	Lane 4	Addits offiny Adda 6.45an			General Stand						Adults on				Addits Only	
		6-7am 7-8	Bam	8-9am	9-10am	10-11am	11am-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm	5-6pm	6-7pm	7-8pm	]
SUN	Lane 1		Adults			Lane				Closed Take		Lane S			Adults Only	
	Lane 2		Adults Only			Lane	Swim		Closed Set Inflatable S	Lane Swim Adults C				Adults Only		
	Lane 3 Lane 4	Adult	s Only Hyd	lro Spin 8.10am - 8.50am (8)	General Swim				Up	General Swim Ad				Adults Only		

<sup>\*\*\*</sup> Inflatable Session - Indoor Pool is closed for set up / take down from 1pm to 1.30pm & 2.30pm to 3pm

**Aqua Classes:** 

SUN

(1) Monday 16th December (2) Tuesday 17th December

(4) Thursday 19th December & Thursday 2nd January

(5) Friday 20th December, Friday 27th December & Friday 3rd January

**Hydro Spin Classes:** 

(7) Thursday 19th December (8) Sunday 15th December

(3) Wednesday 18th December & Wednesday 1st January (6) Saturday 21st December, Satruday 28th December & Saturday 4th January Outdoor Pool - Non Term Time Friday 3rd January to Sunday 5th January Lane 1 Lane 2 Lane 3 TUES 6-7am 7-8am 12-1pm 6-7am 7-8am 10-11am 12-1pm Lane 1 Lane 2 Lane 3 THUR Lane 4 6-7am 7-8am 8-9am 10-11am 9-10am 11am-12pm Lane 2 폺 Hydro Circuit 11am\* 11am-12pm Lane Swim\* Lane Swim\* 9-10am 10-11am 12-1pm 7-8am 8-9am 1-2pm 4-5pm 5-6pm 6-7pm Lane 1 Lane 2 Lane 3 SAT 11am-12pm 3-4pm 4-5pm 5-6pm 6-7pm 7-8am 8-9am 10-11am 12-1pm 1-2pm 9-10am

<sup>\*</sup> Lane Swim - In case of overcrowding this lane swim will turn into General swim

 $<sup>\</sup>ensuremath{^{**}}$  Hydro Spin - In case of overcrowding this class will be in the Indoor Pool