



Junior Swim Gala

Saturday 23rd November 2–5pm

Indoor pool, 5.30pm Prizegiving

One length race for Juniors 6-13 years, family relay race, plus a parent vs staff relay race.

Groups:

- 6 years old
- 7 to 8 years old
- 9 to 10 years old
- 11 to 13 years old

	Front Crawl	Backstroke	Breaststroke	Butterfly
6 years	✓	✓	X	X
7 – 8 years	✓	✓	✓	X
9 – 10 years	✓	✓	✓	X
11 – 13 years	✓	✓	✓	✓

25m race in each stroke.

Trophies will be awarded to first, second and third place for each age group.

In the family relay race (teams of one adult and one child) the time recorded is the total of the times of each front crawl and backstroke. If you'd like to take part in the family relay race, please include this in the email when signing Junior Members up.

The Staff vs Parents relay race will be between four staff members and four parents.

To sign up, please email Ana Leal, Family Activities Manager at ana.leal@roehamptonclub.co.uk