



GOLF



SQUASH



THE SPORTS SHOP



TENNIS



CROQUET

JANUARY IN THE SPORTS SHOP

We are keeping busy through January with clinics, custom fittings, lessons, and huge sales in the Sports Shop! Please see below the outline of our what we have planned and feel free to sign up to anything that takes your fancy. Don't forget our indoor Performance Studio is a great facility in this wet and windy winter weather and Trackman allows us to give the most accurate analysis and much more!

SPORTS SHOP SALE

We have a huge sale on in the Sports Shop with discounts of up to 75% so don't miss out on a bargain!

50% OFF SELECTED CLOTHING

50% OFF CALLAWAY AND TAYLORMADE DRIVERS, FAIRWAYS AND HYBRIDS

50% OFF SELECTED FOOTWEAR

50% OFF SELECTED GOLF BAGS

50% OFF SELECTED TENNIS RACKETS

50% OFF YONEX GOLF CLUBS

75% OFF SELECTED LADIES ECCO AND FOOTJOY SUMMER GOLF SHOES

WATERPROOF JACKETS AND TROUSERS JUST £20

25% OFF BLACK WINTER SHOES - INCLUDING ECCO!

GOLF CLINICS AND EVENTS

GAPPING SESSIONS

In the Performance Studio with Trackman

Learn how far you hit every club with Trackman technology in our performance studio. Club gapping will give you the knowledge of how far you hit each club, giving you the tools required to choose the right club on the course and lower your scores.

Club gapping also highlights distances in your game that none of your clubs cover or clubs that potentially go the same distance. Now is the perfect time to get club gapped with the change in course conditions it is vital to know how far you are carrying the ball!

Cost - £40 for a 45-minute session.

[SIGN UP HERE TO BOOK A GAPPING SESSION](#)

APPROACH PLAY GAPPING – MEASURE YOUR YARDAGES

50 -130 yards on the Practice Area with Trackman

Knowing how far you hit each one of your wedges and the distances you carry the ball for approach shots into the green is vital. Having this knowledge can help you select the right club, with the right length of swing, to help improve your approach shots and lower your scores!

Cost - £40 for a 45-minute session.

[SIGN UP HERE TO BOOK AN APPROACH PLAY GAPPING SESSION](#)

INCREASE YOUR CLUB HEAD SPEED AND GAIN MORE DISTANCE

In the Performance Studio with Trackman

Learn how to increase your swing speed, these sessions will focus on how to get your body working more efficiently to maximise the amount of potential swing speed you have.

Basic speed training will be introduced to allow your swing to become faster progressively over time with a practice routine to help you maintain a higher swing speed for the long term.

More distance isn't just about hitting longer drives, it also allows you to hit less club in the greens which we know means we will be more accurate with our approach shots.

Cost - £40 for a 30-minute session.

[**SIGN UP HERE TO INCREASE YOUR CLUBHEAD SPEED!**](#)

GET INTO GOLF – BEGINNER PROGRAMME

5 HOUR COACHING COURSE

January is a time for New Year resolutions and perhaps getting into golf might be one for you or a family member! These clinics are designed to broaden your knowledge of golf in a fun learning environment with golfers that are new to the game or have some experience.

You are invited to join us for a 4-week course and enjoy five hours with our PGA professionals as we cover all aspects of the game to improve your technique along with relevant rules and etiquette. You will receive an email summary after each session to cover all points to keep as a reference.

Session 1 - Putting

Session 2 - Chipping

Session 3 - Bunker Play

Session 4 - 2 hours - Pitching and Driving Range

Cost - £100 for 5 hours – limited to just four people.

* please reply to this email if fully booked and more dates will be offered

[**SIGN UP HERE TO JOIN OUR GET INTO GOLF PROGRAMME**](#)

VIRTUAL GOLF WITH TRACKMAN

In the Performance Studio with Trackman

Play a round of golf at some of the best courses in the world in our performance studio, TrackMan's ultra-precise course graphics and tour graded tracking technologies makes you feel that you are there for real. With over 200 courses to choose from, a PGA professional will be on hand to help you with all things technique whilst you enjoy playing the likes of St Andrews, Valderama, Wentworth, or Royal St Georges to name a few.

Cost - £40.00 for 90 minutes - limited to just 3 people.

* please reply to this email if fully booked and more dates will be offered

[**SIGN UP HERE TO JOIN US FOR VIRTUAL GOLF**](#)

GOLF LESSONS

Golf lessons

Work starts now for your golf if you want to be ready for Spring, with this winter weather why not take advantage of golf lessons in our Performance Studio with Trackman (it is consistently warm and dry!).

We have a great team of professionals who are great coaches and most importantly, they care about your golf and are on hand to get you more enjoyment out of the game we all love.

[**CLICK HERE - BOOK YOUR LESSON**](#)



[LEARN MORE ABOUT TRACKMAN HERE](#)

FREE CUSTOM FITTING

In the Performance Studio with Trackman

A free opportunity to check and test your current equipment in the performance studio with Trackman against the current ranges from Callaway, Mizuno, PING, Taylormade, Titleist and Yonex. Get expert and honest advice from our PGA professionals for Free.

Don't forget we always price match our competitors to ensure you get the best value and offer a free 60 minute follow up session on Trackman apart of your purchase.

[SIGN UP HERE - FREE CUSTOM FITTING](#)

REGRIPPING SERVICE

Improperly sized grips, grips that aren't suited for the weather conditions that you play in and crucially grips that are worn out and have lost their tackiness are regular issues that we see during our lesson and custom fitting appointments.

All of these factors require increased grip pressure, which can decrease clubhead speed and distance, and reduce shot accuracy due to the club slipping in your hands.



If your clubs require re-gripping then please drop them into the Sports Shop next time you are at the club, prices start from just £10 - a new grip can make a club feel brand new!

Alternatively, if your clubs are stored in your locker at the club, simply provide your grip request with your locker number, and we will collect and return your regripped clubs for you without you needing to come to the club.

Please reply to this email with the below information and we will arrange this for you:

- 1) Which clubs would you like regripped?**
- 2) Which new grips would you like?**
- 3) What is your locker number?**

Once received, we will send you payment details, or you can use your Sport Shop credit and a confirmation email - Then all you need to do is look forward to new grips waiting for you in your locker when you collect!

If you are unsure which grips are best for you then please get in touch on or pop in, you can also use Golf Prides online grip fitting guide by clicking below.

[GRIP FITTING GUIDE](#)