



Minutes of the Health Club Committee Meeting Monday 19th June 2023

Nick Bunn	Chair
Laura Martin	
Janine Railton	
Fiona Sargeant	
Graham Huntingford	Board Director / Health Club Liaison
Marc Newey	Chief Executive
Simon Baker	General Manager
Luke Fenton	Health Club Manager
Ana Leal	Assistant Health Club Manager
Lucy Carter	Studio Coordinator
Emma Butler	Executive PA - Minutes

Apologies

Jasmine Amaria, Victoria Stephens, Ricky Alexis

Minutes from the previous meeting on 20th March were approved.

Swimming Pools:

Adult swim time:

- There has been a lot of feedback from families because they are asked to leave the Indoor Pool between 12-1pm on Saturdays for the Adult swim time. This means on average 25/30 people who are families are asked to leave the pool to make way for just a few adult swimmers.
- Suggestion was made to remove the Adult Swim on a Saturday & Sunday. It will stay the same for the weekdays. This is to start on the 1st July and to be reviewed at next meeting. Put a notice in the Recorder next week. **LF**
- NB asked why we are on shorter hours in the Outdoor Pool. There is the need to open the pool at 6am instead of 7am. There are Members who want to swim at 6am outdoors. We then close at 8pm. On very hot days we could keep the pool open longer but this will be decided on the day and changed as needed. GH asked how

many people were asking to swim at 6am. LF said it was about 10 but actual swim numbers change every day. We could open on certain days of the week at 6am as a trial? Decision made to open at 6am Monday to Friday as a trial during the summer months. **LF to implement.**

- The Family Forum suggested a Friday Family BBQ and swim during the summer months. BBQ until 8pm and the pool open until 9pm with everyone out of the Club by 10pm (subject to weather). Will run for 6 weeks from 14th July to 8th Sept. **LF**

Contamination:

- There have been 8 contaminations in swimming pools this year with 6 being vomiting and 2 being defecation.
- It was agreed that we charge parents £500 for the clean-up operation to cover the cost and the closure of the pool for 4/5 hours if it is an avoidable contamination. It was also agreed that there be a warning first and a fine if repeated incidents by the same child.
- NB said this has been going on for ages and the parents know the rules but we just need to enforce it.
- MN said we need to put up signs in the Health Club informing parents that a fine of £500 may be levied after one warning. Unless a swim nappy was not used then a fine will be applied. LF to organise signs and to brief staff. **LF**

Space in Health Club:

- Creating additional studio space in the HC is being investigated. We have spoken to DMA who said we might be able to extend the gym. With Board approval, we could get planning. Possibility of extending over the indoor pool, filling in a mezzanine floor above HC Reception or extending out towards the chemical store towards the back Members car park. We cannot reduce the size of the car park. Some plans were shown to the committee of options.
- Family Forum would like another playground.
- IGC and the Bar/Terrace is the priority for 2024, if we get planning.
- Look at areas for future Padel and Pickle Courts.

The spare space has lots of options, we could look at short term fixes. Back of the grass courts is an underutilised space to be explored. NB said we need to know what space we have first and then look at options. **NB/MN/SB**

LF, LC, AL and RA went to ExCel in London to look at Elevate Fitness Expo. Techno Gym is very good but there may be better options out there for us to investigate our options to improve our fitness provision for Members.

There are some companies who provide bespoke equipment which would mean space saving. LF to make contact with other companies that he has already looked at and has details. Companies will come in free of charge to do a bespoke plan.

Technogym Equipment / Lease:

SB confirmed we are not wedded to Technogym. The lease runs out in July and the cost will go down because the equipment is older and we will save £800 a month, so let's place an order to extend the lease, so saving money and keeping the current equipment plus the extra pieces.

LF/SB

Proposed equipment to remove:

- 1 x Skill Row
- 1 x Skill Mill
- 1 x Treadmill
- 2 x Skill bikes
- Step & Squat resistance kit

Proposed equipment to bring in:

- 2 x Skill Runs
- 2 x TG Rides
- Horizontal Row

Children in Gym on Saturdays:

Should we limit the number of children allowed in the gym on a Saturday only? Limit them with a booking system 3/6 children per hour was suggested. The committee agreed Children will be allowed to use the gym from 7.00 – 9.00am and 11.00am – 8pm on Saturdays. LF to implement.

LF

Hydro Bikes:

- We have had a quote for 12 new Bikes – around £20,000 euros. We have served notice on the current bikes which we currently have 10- lease ends in November.
- Suggestion of beginners class, to get more people interested. Put the new trainers on with people who have not used them before, class not for regular attendees but members who wish to try the class.

- See if the Company provide us with some training and classes.
- JR said that Lucy did a great job in covering all the classes when short staffed.
- NB suggested we have the treadmills for rehab alone.

Sarah Driscoll would like to come back to the Club for PT, Physio and rehabilitation. Sarah would need to be a registered Physio if Members wish to claim on their Private Medical insurance, but she could just do Personal Training for the Club and the rehab be done through the new company and working partnership created. SB to investigate. **SB**

Reformer Pilates:

- The first day was fully booked. We are doing inductions for the first two weeks. LM suggested we should not charge for induction, as we want to get as many people as possible. Maybe, do a package deal but ensure a short-term expiry date for the package. Committee agreed charges should be made as prices had been benchmarked with other Clubs and were competitive.
- There is the possibility to add two more beds, as they are stackable.
- If there is any dip in usage, we will need to do more inductions. Stats to be discussed at each meeting so it can be monitored and reviewed. **LF**
- There is a dedicated page on the Members website.
- Review posters and put something on tables and on the TV – done.
- Moving images on TV in reception to be looked at.
- All staff with be trained up this week.
- Committee agreed Health Club Newsletter to be sent quarterly – next edition September 2023 **LF**

WhatsApp Group:

A WhatsApp group has been set up with 400 members so far. It is purely to let members know immediately if any issues regarding the Club which will affect them, like pool contamination so the pool needs to be closed, for example. This is a one-way group and will not accept any incoming messages. We will also do quarterly messages like – “Smoothie of the Month”, Wellness and F&B info. **SB**

Accomplished Swimming Programme:

- Induction for children 16 and under.
- 11–15-year-olds to swim laps in lanes, if they pass a test first
- There is a worry from some, that adults might get hurt by a child.
- An etiquette test should maybe be taken.

- We should be more inclusive with teenagers, maybe do a trial in the holidays (Mon-Fri) with lane swimming. Trial 6-9 children with some priority.
- Maybe do weekend evenings when it is quiet, lane swimming for 5-8 children
- Send copy of accomplished swimmers out to the Committee
- Agreed that 11-15yr olds can use adult lanes on Saturday & Sunday evenings 5pm to 8pm providing they have completed their induction. **AL/LF**

A.O.B. None

Meeting finished at 8:47pm

Next Meeting: Monday 25th September at 7pm in the Garden Room