



Minutes of the Health Club Committee Meeting Monday 20th March 2023

Attendees:

Nick Bunn	Chair
Laura Martin	
Janine Railton	
Jasmine Amaria	
Fiona Sargeant	
Charles Shiplee	Health Club Liaison Director
Simon Baker	General Manager
Luke Fenton	Health Club Manager
Ricky Alexis	Gym Studio Manager

Emma Butler

Minutes from the previous meeting were approved.

Operation Update:

- Bringing back children's Pool Parties on Sundays 4-5pm with food served in the Clubhouse after at 5-6pm
- Pool parties limited to two per month (Family Forum)
- The pool will be closed during this time
- May revisit at another date

New Towels:

- Are slightly larger than the old ones
- Luke is confident the new supplier will be able to cover our need of towels, now and during the busy summer months

Contamination:

- Staff are following guidelines
- Under four year olds must wear a swim nappy
- If Member seen not to be acting responsibly, a fine may be given

- Parents are advised not to feed the child much or give them much water before their lesson
- The above to be highlighted in the Recorder
- Marc to put in the CEO's letter
- By the BBQ Hut, the water play gets destroyed to look at replacing with wooden equipment **LF**

Health Club Changing Room Leaks:

- HMP and Cannons looked at this, this week
- RF has turned the temperate to 70 degrees – if ok, we will get new pipping and replace. It seems when running temperature at 85 degrees, it is too hot for the pipes.
- Thanks to the team from Jasmine, especially Susanne and Shenai

Environment Committee

The pool opening times will change from 1st April as follows:

April 1st 7am – 7pm

May 1st 7am – 8pm through to September

If we have any very hot weather during this time, we can extend these times.

Pool Covers:

- The pool, spa and paddling pools will have new covers which will save heat and money
- The committee have agreed on Option 3 for the pool cover, wall mounted and in blue, to look more aesthetically pleasing
- All agreed

HMP Snagging:

- Barrier by changing rooms are rusted and need replacing
- Opening Mechanism to open pool side doors also rusted

Changing rooms:

- Are being used when busy, but need to let Members know we have the extra changing rooms

Communication (NB):

A message from the committee to go out every two weeks

Emphasise on nutrition and wellbeing and work out tips

RA & Team

- Team to encourage the following:
 - Encourage Members to try new classes with them.
 - Family Bootcamp
 - Monthly challenge
 - Top five tips on snippets
 - Juice bar promotions
 - Breakfast
- Put links in Recorder but be mindful of the number of links Members get
- Put adverts on TV screen behind Reception – to promote them
- Pull down screen adverts – long term look at less posters and more screens
- Have posters in areas where the nannies and Mums sit when their children are in lessons

First edition to go out on 13th and 27th April bi-weekly.

- Committee to write some content
- Circulate and agree/approve
- Make a plan going forward
- Punchy, short messages
- Promotional, not advertising to all Members
- Lots of visuals
- Helen is working with a company to make more interesting
- Highlight a week each month
- All articles must be in the Tuesday before going out on the Thursday

Techno Gym came in to visit. Amazing what their equipment can do.

Will look at replacing maybe two of the six treadmills with one or two of the new equipment?

- Ricky's guys must be passionate about using the new equipment
- Ask if we can get a guy from TG to come in to demonstrate and promote for 30 minutes to get a better experience.
- Team should contact Members who have completed an eight-week course and ask if they want to do it again.
- The Trainers should ask Members if they want help, and can they work together for say 30 minutes? They really need to push it. Trainers need to interact with Members much more.
- Primary function is to get the equipment used.
- Maybe have a performance bonus for the trainers?
- We must make sure that the Trainers are fully trained on using the new equipment.
- Get the team excited and to push the team **RA**
- Need to agree what equipment we want and are they leased or purchased. Our lease expires in June. Talk to Ricky **NB**
- Ask if we can buy our old equipment that is on lease, or look at re-leasing it? **NB**
- Maybe re-leasing is an option to give us time to decide what we need? Get pricing on all options etc. **NB**

Pilates Reformer:

- We have three Reformer tables on order and the Team need to be fully qualified by mid-April
- Look at availability for evening classes and early morning
- Look where classes are under performing and replace with a Reformer class
- Bring in one or more full time staff (female)
- Confirm what we need to replace
- Lead time is eight to ten weeks once order for new equipment has been placed
- Are Skillmills used – possibly get rid of two?
- Buy two new treadmills

Reintroduce us to DMA, meet with them to see what can be done on the inside of the Health Club.

ACTIONS: Put together a proposal for the Techno Gym equipment, as to what equipment to purchase/lease and what to replace. **SB/LA/RA**

A.O.B.

- Luke: to introduce and advise on anything to do with other committees, to Health Club Committee **LF**
- Simon: Some changes in reporting. Ricky now reports into Luke and Luke reports into Simon.
- Any issues with the Wellness App, contact Ricky.
- Luke: Attended an Innovation Event in Italy. He has videos if anyone wants to see them on meditation, sleep and Member experience.
- Jasmine: Said the gym was very busy at the weekend with children. Suggested that 11–16-year-olds should be moved to midday.
 - Also said people were very unfriendly in some classes
 - Instructors need to be more aware when new people join and try to make the class more friendly
 - If anyone is seen to be rude in classes, they should be reported to Simon

The meeting concluded at 8.45pm.

Next meeting: Monday 19th June 2023