Swimming pool rules



All parents must ensure the below Health Club swimming pool rules are followed at all times when children are using the swimming pools, either their own or any junior guests:

- ♦ All children aged under four year's old *must* wear a swim nappy at all times
- ◊ Swim nappies must be covered by an appropriate costume to prevent any leakage
- ◊ Please ensure children have used the toilet before swimming
- ◊ Only allow your child to swim at least 90 minutes after eating
- ♦ Under no circumstances should anyone swim if you have been unwell with diarrhoea in the last 72 hours
- Children should not be naked around the poolside or in the pool at any time
 Nappies should only be changed in the changing rooms

The Club reserves the right to charge for any disruption caused to Members use of the swimming pools if found to be in breach of the above rules and or failing to report an incident.

If contaminations continue, then a review of young children using the swimming pools may take place.

If you have any questions, please contact Luke Fenton, Health Club Manager at luke.fenton@roehamptonclub.co.uk