



GOLF



SQUASH



THE SPORTS SHOP



TENNIS



CROQUET

## Sports Shop report to the golf Annual Meeting 2022

[Click here for the Head Professional's report to the Annual Meeting 2022](#)

### SPORTS SHOP NEWSLETTER

We are very pleased to have the brand-new Wilson Tennis range in the Sports Shop alongside new rackets from Head and Technifibre, as used by our very own Joe Salisbury.



Wilson is one of the leading brands in tennis and we are delighted to now offer it to our Members. The Blade, Clash and Ultra rackets all provide a wide variety of ways that you can improve your game. We have all these models available to try and you can book a free racket demo session with Jamie to get some advice on court to what racket suits your game!

[Click here to book your free demo session with Jamie](#) or contact the Sports Shop on 020 8480 4257, places are offered on a first-come, first-served basis.

### Learn more about the new range of rackets below

#### WILSON

##### BLADE

Often labelled 'The Players Racket', the Blade provides the perfect balance of feel and control with a flexible frame and a 98 square-inch head size. Coming in 16x19 (305g) or 18x20 (305g) string patterns you have the choice of which racket that is perfect for your playstyle. It also comes in an 100L version which has a 100 square inch head size and 285g unstrung, perfect for the improving player.



Blade 98 RRP - £255 - Our Price - £220

Blade 100L RRP - £220 - Our Price - £190

##### CLASH

A racket that is one of its kind. The first edition of the Clash was a perfect example of why Wilson are the world leaders in tennis and this new version is no different. The frame was created with feel and comfort in mind without sacrificing power and control. The racket is perfect for an injury prone player or someone who doesn't want a sore arm after a long session. Coming in 98 (310g), 100 (295g) and 108 (280g) head sizes (and weights) there is a racket for every level of player.



Clash 98 RRP - £270 - Our Price - £225

Clash 100 RRP - £260 - Our Price - £260

Clash 108 RRP - £245 - Our Price - £225

## ULTRA

The ultra is the powerhouse of the Wilson range, allowing you to punch the balls deep into the court. All coming with a 100 square inch heads, the three different weights of 300g, 280g and 260g means that anyone can unleash the power that this racket contains

Ultra 100 RRP - £230 - Our Price - £230

Ultra 100L RRP - £200 - Our Price - £200

Ultra 100UL RRP - £180 - Our Price - £180



## HEAD

### EXTREME

If you like to hit with a lot of spin or want to get more spin into your game then the Head Extreme is one to try. With a 100 square inch head and a wide range of weights this racket is suitable for a beginner all the way to the more advanced that want to get that much more spin into the ball.

Extreme Team L RRP - £180 - Our Price £160

Extreme Team RRP - £180 - Our Price £160

Extreme MP RRP - £200 - Our Price £160



## TECNIFIBRE

### TF-40

The Tecnifibre TF-40 is one of the newest rackets released by the French manufacturer and it puts up a fight to those like the Wilson Blade. Its thin, yet flexible, frame allows for great control and comfort whilst allowing you to put power into the ball. The 98 square inch head increases the string density allowing you to have further control over your game. Comes 305g unstrung and is suitable for those intermediate to advanced players.

TF-40 RRP - £240 - Our Price - £230

### T-Fight

The Tecnifibre T-Fight is a racket used by some of the worlds greatest players, namely Doubles World #1 Joe Sailsbury and former Singles World #1 Daniil Medvedev. This racket is just an all-round performer, shown by the fact it can entertain on both the singles and doubles court. Coming in weights of 270g, 285g and 305g this racket is available for all to use.

T-Fight 305 RRP - £233.90 - Our Price - £230

T-Fight 285 RRP - £233.90 - Our Price - £200

T-Fight 270 RRP - £233.90 - Our Price - £170

### Free tennis racket demo sessions with Jamie

Join Jamie on court to find the perfect racket for you in a *free* 30-minute racket demo session. We have demo rackets available from Wilson, Babolat, Head, and Tecnifibre across different price points and models available to try. Jamie will be on hand to give you her expert advice to find which racket is most suited for your game.



[Click here to book your free demo session with Jamie](#)

Jamie will go through four key areas to establish which racket is most suited for you:



### WHAT IS THE BEST RACKET HEADSIZE?

SMALLER HEAD SIZES, WHICH WE CONSIDER TO BE BELOW 100 SQ INCHES, ARE RECOMMENDED FOR ADVANCED PLAYERS WHO CAN CONSISTENTLY HIT THE SWEET SPOT AND GENERATE A GREAT AMOUNT OF POWER FROM THEIR SWING ACTION.

ON LARGER HEAD SIZES (ABOVE 102 SQ INCHES), THE LARGER SWEET SPOT WILL ENABLE PLAYERS TO HIT WITH POWER MORE CONSISTENTLY. THIS IS IDEAL FOR PLAYERS WHO ARE UNABLE TO, OR HAVE YET TO MASTER A POWERFUL SWING.



### WHICH BALANCE IS BEST FOR MY RACKET?

ON RACKETS WHICH ARE MORE HEAD-LIGHT, THE WEIGHT IS CLOSER TO THE HAND WHICH IMPROVES MANOEUVRABILITY ON GROUND STROKES AND VOLLEYS, AND IN GENERAL KEEPS THE PLAYER MORE IN CONTROL.

ON HEAD HEAVY RACKETS, THE WEIGHT IN THE HEAD WILL BUILD MOMENTUM ON SWINGS AND LEAD TO INCREASED POWER. IT DOES HOWEVER BECOME HARDER TO DIRECT SHOTS WITH ACCURACY.



### HOW DO I CHOOSE MY RACKET GRIP SIZE?

THE GRIP SIZE IS THE CIRCUMFERENCE OF THE HANDLE OF THE RACKET, AND THE SIZE YOU NEED WILL THEREFORE DEPEND ON THE SIZE OF YOUR HAND.

A ROUGH WAY OF FINDING OUT IS BY HOLDING A RACKET IN YOUR NORMAL FOREHAND GRIP. IF THE RACKET IS OF THE CORRECT GRIP SIZE, THE DISTANCE BETWEEN YOUR PALM AND LONGEST FINGER SHOULD APPROXIMATELY BE THE WIDTH OF A FINGER (PICTURED BELOW). IF THE GAP IS TOO SMALL IT MEANS YOU WILL NEED A LARGER GRIP SIZE, AND IF THE GAP IS TOO BIG YOU WILL NEED A SMALLER GRIP SIZE.



### HOW HEAVY SHOULD MY TENNIS RACKET BE?

THE HEAVIEST RACKETS PROVIDE THE HIGHEST LEVEL OF FRAME STABILITY TO PLAYERS WHO HAVE A FULLY DEVELOPED AND/OR POWERFUL SWING MOTION.

LIGHTWEIGHT RACKETS (BELOW 280G), ARE FAR EASIER TO MANOEUVRE WHICH CAN BE ADVANTAGEOUS IN VARIOUS SITUATIONS FROM LINING UP A SERVE TO SWITCHING BETWEEN FOREHAND AND BACKHAND POSITIONS.

## Restringing service

The Sports Shop provides a professional restringing service for members and is able to offer a fast, reliable service, with most rackets being restrung within 24 hours. Jamie is able to offer his advice on what string is best suited for you and is also able to offer a service on squash rackets.

Please see below the restringing price list and contact [sportshop@roehamptonclub.co.uk](mailto:sportshop@roehamptonclub.co.uk) for further information.

## Roehampton Club Tennis/Squash Restringing Price List

| String                         | Price | Good for?  |
|--------------------------------|-------|--|
| OWN STRING                     | £15   |  |
| <b>Polyester String</b>        |       | <b>Offer maximum spin and power along with long durability</b>                                 |
| Yonex Poly Tour Pro            | £30   | One of the softest poly strings which feels great and allows for good balance of power/control |
| Luxilon Alu Power              | £35   | A slightly softer poly, giving more comfort and feel while keeping max power                   |
| Babolat RPM Blast              | £32   | The worlds most popular string, created with spin in mind                                      |
| Babolat RPM Blast Rough        | £32   | A textured string offers more surface area for string-ball contact, creating more spin         |
| Babolat Pro Hurricane Tour     | £30   | Allows for a good overall balance of power/spin/feel/control                                   |
| Babolat Pro Xtreme             | £30   | Allows a player to really work the ball around the court with precision                        |
| <b>Multifilaments</b>          |       | <b>The softest strings that give the best comfort and feel for the ball</b>                    |
| Babolat XCEL                   | £35   | Slightly more powerful than other multi strings while providing great feel                     |
| Wilson NXT                     | £35   | Slightly softer than Sensation which allows more feel  |
| Wilson Sensation               | £32   | The standard Wilson string provides a really comfortable experience with great control         |
| <b>Synthetic Gut</b>           |       | <b>The middle string that covers all aspects to a good degree</b>                              |
| Babolat SpiralTek              | £30   | A reliable string that gives good power with a nice feel and control                           |
| Babolat Syn Gut                | £30   | Babolats main Synthetic Gut string that is always reliable                                     |
| Prince Duraflex                | £30   | A long lasting synthetic gut that gives good power   |
| <b>Natural Gut</b>             |       | <b>The best of the best string which almost all pro players use</b>                            |
| Babolat VS TEAM (Natural Gut)  | £50   |  |
| Babolat VS TOUCH (Natural Gut) | £55   |  |
| <b>Squash String</b>           |       |  |
| Tecnifibre Squash (Green)      | £35   |  |
| Tecnifibre Squash DNAIX        | £35   |  |