ELT 1901.

Tulloch Clinic and Studio

Meet Cheryl – our new Homeopath and Health and Wellbeing Coach



Cheryl is a Holistic therapist with over 20 years of experience in the field of Homoeopathy, Health and Wellbeing Coaching, and coaching women to become more self-empowered.

Homeopathy can be used for all the family and is safe and has no side effects. Coaching is a well-established therapy that supports you to make changes in your life to create the life you desire to have. It establishes accountability and encourages you to find the resources already within you to fully realise your capabilities.

Using individually chosen homeopathic remedies Cheryl has helped many people to fully regain their health from stress related conditions such as IBS, insomnia, PMS and chronic fatigue to mental and emotional problems focusing on low self-esteem, anxiety, prolonged grief and depression.

Coaching helps you to identify where your challenges are and what lifelong patterns you are running. Together we begin on a journey to unravel those patterns and support you to make long lasting changes in your life, boosting your self esteem and self worth.

Cheryl will be working on Wednesdays from 1pm to 5pm

Please call the Studio on 020 8480 4242 or book online for an appointment at www.tullochclinicandbeautystudio.co.uk